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by
Charles M.
Schulz

trev-echoes

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trevecca nazarene college

September 17, 1984

First annual Scholarship Faculty Award given

By Richardson Cooley
Staff Writer

The first annual scholarship award was presented to Dr. H. Ray Dunning, Professor of Religion and Theology, for his outside scholarly activities.

Some of his accomplishments include the publishing of fine articles in the *Beacon Dictionary of Theology* last year. He led all three Evangelism Conference seminars,

which were held in Phoenix, Fort Worth and Tampa. Also, he gave the Collins Holiness Lecture Series at Canadian Nazarene College.

He also presented a paper at the Methodist Consentation on Theological Studies at Emory University in Atlanta. Dr. Dunning presented an in-service presentation to the TNC faculty on "Integration of

Faith and Learning."

Presently Dr. Dunning is busy writing *Systematic Theology*, a book that he hopes to finish by the end of December.

Some of Dr. Dunning's comments upon receiving the award were: "I'm honored to be the first recipient of the Scholarship award.

I appreciate the encouragement that the college gives to scholarly writing and to help make time available to research."

Also, he stated that the students benefit from this sort of activity because it promotes a broadening

of the teacher's learning, therefore, helping the teacher give the students a more meaningful contribution.

VIP Days are here again

By Scott Stargel
Staff Writer

VIP days are a once a year event where high school juniors and seniors enjoy three days and nights

of fulfilled college campus living. The VIPers (as we love to call them) will have a chance to attend

classes and chapel, visit the academic fair and take a tour of Nashville. They will also be given a

chance to meet professors and other students, and enjoy the concerts and other school activities.

The dates for this year's VIP Days are: September 19, 20, 21—

Alabama North, Alabama South, Central Florida, Georgia, North Florida, and Southern Florida; October 11, 12, 13—East Tennes-

see, Kentucky, Mississippi, North Carolina, South Carolina and Tennessee.

The VIPers will be staying in the dorms for the entire weekend, so any Trevecca student who is inter-

ested in keeping someone in their room should contact Patty Cook, ext. 1320.

VIP days are very special times for those involved, so let's make this year's the best ever.

Symphony offers discount tickets to students

By Richardson Cooley
Staff Writer

The Nashville Symphony Orchestra will be offering special rates to area college students on season subscription. There are many series to choose from, all at substantial savings over regular season prices. Students wanting full season tickets for eleven concerts will pay \$36.00, the half-season tickets are \$20.00 for the six-concert series, and \$15.50 for the five-concert series.

Students may purchase subscriptions at the Nashville Symphony Association which is now located at 208 23rd Avenue North, just north of Elliston Place. College I.D. cards must be presented at the time of purchase in order to receive the discount. A faculty discount of ten percent is offered to teachers and administrative personnel. For more information call the Nashville Symphony at 329-3033.

TNC endowed with new scholarship

John T., III and Rob Benson, representing the estate for the late Robert Benson, presented Trevecca with a check for \$100,000 for the

John T. and Eva Green Benson Scholarship fund.

The endowed fund, which will provide scholarships for "students

with the highest grade point average," becomes a memorial gift by Mr. Benson for his parents.

The Benson family have been generous supporters of Trevecca

since the 1901 establishment of the college. The Rev. J.O. McClurkan, founder of Trevecca, and

John T. and his wife Eva were founders of the Benson Company in 1902. The Benson Company is

the oldest and largest music publishing company of its kind in Nashville.

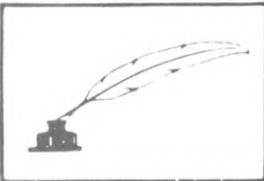
Recognition of past contributions on the Trevecca campus are: Benson Hall, a men's dormitory,

and the Eva Green Benson Auditorium in the McClurkan Building.



Photos by Scott Wiseman

"Guys, you can set them down there." SGA members (left to right) Darryl Murray, Darryl Caldwell, Greg Tulowitzky, and Rondy McBrayer hard at work at the successful new student mixer.



Editor's Point

with Nathan Hyde
Editor-in-Chief

School has started once again and battles with the computers at registration have been won. New friends are being made and freshmen are finding out the rigors of dorm life (i.e. laundry), social life (i.e. freshmen inaugural days), and spiritual life (i.e. getting up for church by oneself).

Now it is time to settle down at our desks and begin work on the very thing we came here for—an education. It is hard to settle down in front of a textbook, expected by professors to be completely read, and concentrate on homework with so many clubs vying for your time (club rush).

One thing must be remembered at all times in order to succeed in college—academics first. Self-discipline is the key to a good college career. Once mastered, this same self-discipline will undoubtedly be a great resource in the "real" world.

A word to the wise, new students especially—don't succumb to the follies of new-found freedom. Listen to your conscience, and let it guide you in your balance of activity (social vs. academic). To the old "pro's" on campus—don't procrastinate. That age-old phenomena that strikes everyone somewhere is bound to take its toll on several students again this year (that includes newspaper staff members).

Last but not least, we cannot neglect the discipline of our relationship with Christ. This is a Christian college campus. We are here for a quality education in a Christian atmosphere. Let's be as well-rounded in our commitments as we can. The fall revival will be here sooner than we think—one week from today, so let's support it as much as we would anything else. Enough said.

Nathan

Words from the library

This column will appear several times this year in your newspaper. The purpose is to share information and concerns of your library.

By the time you read this article, you will be a well organized and disciplined TNC student. You probably will have researched the

library's holdings and found all your resources for those term papers. If so, you may stop reading here.

For those of you who have not visited or used our facilities this year, let me give you some valuable information. Our staff is composed of four professional librarians, two paraprofessional assistants

and twenty-three student assistants. Each person has been adequately trained for their particular responsibilities. Feel free to ask

any of the staff to help you. If they cannot meet your immediate need, they will be able to find the person who can.

The library staff has adopted this motto for 1984-85: Our aim is to make the library more successful, more productive, and more

effective than it has ever been. Our scripture verse is II Corinthians 9:6. (Your first library exercise! You have the source and now you must search for that information.)

The administration and library staff would like to emphasize the fact that the library is a place for QUIET study. There are not many quiet places on the campus of TNC for this experience. When

the Jernigan Student Life center and the enlarged Snack Shop facilities are completed, these will provide alternative places for broadening your social life. The library is

the center for intellectual growth as a result of instruction and motivation from the classroom. Richard Armour, in one of his light verses, stated:

"Here (in the library) is where people, One frequently finds, Lower their voices, and raise their minds."

E. Ray Thrasher,
Director

Visit your library; see what it has for you

Letters to the Editor

Nathan,

I want to express my appreciation to you on your first issue of *Trev-Echoes*. Especially, the lead article on the closing of Vanderbilt libraries to our students. You interpreted well our dialogue session with you.

Sincerely,
Ray Thrasher

In reference to the article printed in the last issue of *Trev-Echoes* (Sept. 3, 1984), "Vanderbilt Closes Library to TNC Students," I feel that this is a matter that should not remain untouched by the unique brain of Ken Pearson. Thus, I will attempt to evaluate the situation as reasonably as I know how.

It has been said before that the headline of this article would tend to suggest a personal attack towards TNC students. This may be true, HOWEVER, I DO happen to feel personally assaulted; once, through the closing of the library and a second time through being called a statistic. I am not a 2-3% of the "traffic" in their lousy library! I am a human being using the facilities necessary to feed my brain!

I cannot believe the idiosy of charging 20 bucks just to go to the

Buy a classified ad — \$1.25 per advertisement

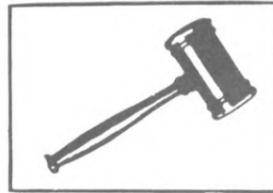
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Editorial Policy

Opinions expressed in editorials and letters are not necessarily those of the students, faculty or administration of Trevecca Nazarene College, or the *Trev-Echoes* staff, but are those of the author.

Letters are welcomed, but they must be typed and should not exceed 300 words. Unsigned letters will not be accepted, but names will be withheld upon request.

Trev-Echoes reserves the right to edit without impairing the meaning.



ASBeat

The purpose of this column is to provide an outlet for Student Government to communicate messages to the Associated Student Body, faculty, administration, and all other significant members of our Trevecca Community. Our expectations for the use of this space include not only informative news regarding the functions of SGA and how they affect you, but more than that.

Different ASB officers will be addressing issues in their respective areas. We hope to provide articles that demonstrate real leadership by stimulating thought which will inspire, challenge, and stretch us to be the best that we can be in all aspects of our lives... "excellent" if you will allow us to use that terminology. We hope that you will enjoy, or at least appreciate our efforts in this endeavor. Remember that we are a service organization dedicated to seeing this community be *exceptional!*

We need to say just a few words about "where we are" in terms of relocating. While we are waiting for the completion of the Jernigan Student Center where we have beautiful new offices, SGA will be temporarily occupying the space where the old post office used to be. Should you need our assistance in any way feel free to drop by or call extension 1285.

Thank you for your cooperation during this time of transition. We appreciate each of you maintaining an optimistic attitude as we are striving to maintain a sufficient level of motivation in order to continue serving even in our wearied, unorganized, and less than perfect state. In Phillipians there is a verse that encourages us to be content whatever the circumstances. Just as a Christian's happiness should come from within and not as a result of his circumstances, so it is with a successful organization—the potential for efficiency is within its members and not totally dependent upon physical facilities or structural commodities. These convictions *do* aide productivity, but progress should not be solely contingent upon them.

We each can heed the same advice in managing our own lives. Do not be controlled by your circumstances but rather let the peace of Christ rule in your heart and be controlled by the Spirit.

Sincerely,
Your ASB Officers

library! I'll never send MY kids there again. Since when does it

cost me 20 bucks just to walk through the doors of a library? And if I wish to check out a book? \$35 is the robbery in that department.

In response to the infantile actions of the "mighty" Vanderbilt library, I say: "For any Vandy students who wish to use our Trevecca library, it will cost you \$150 a month. If you wish to check out a book, the fee is \$5000 per selection

(this will be used to replenish our supply after spending 2.5 mill on a building). After all, we need to cut down on the traffic in our library,

too. Why, we must have average at least 60 students per day last year.

When I read the part about being charged \$1 (per request) to order a book that I haven't even looked at, from somewhere in the Southeast, I could not help but feel like I was on "Let's Make A Deal."

In closing, I'd just like to say thanks for the hint on ordering these Southeast selections 2 weeks in advance, but no thanks. I don't know about you, but I generally wait 'til the night before the paper is due before I start on it. Thanks anyway.

Love in Christ,
Ken Pearson

trev-echoes

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features

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Morning Worship — 8:30 a.m.; 10:45 a.m.
Evening Worship — 6:00 p.m.
Wednesday Evening — 7:00 p.m.

A HOME AWAY FROM HOME THROUGH THE SACK PROGRAM
TRANSPORTATION PROVIDED AT 9 A.M. AND 5:30 P.M.

FORUM

By Richardson Cooley
Staff Writer

There will be four Forum meetings scheduled this fall. The meetings will be on Fridays at 7:00 p.m. with the exception of the last one, which will be on a Friday but will start approximately half an hour after the conclusion of the play.

On September 21, Dr. Ralph Leverett will lead a discussion about learning and the various responsibilities that students and teachers have in this process. The tentative title of his talk is "You and Me and a Dog Named Acceptability."

On October 5, the discussion leader will be Rebecca Bain, the program director of WPLN (Public Library Network) and part-time Communications professor at Fisk. She will talk about her experiences as a white teacher at a predominantly black school.

On October 26, a political discussion with two discussion leaders. Keel Hunt, an advisor to Governor Lamar Alexander, will speak from the Republican standpoint, and David King, a local politically active lawyer, will represent the interests of the Democrats.

On November 2, a discussion of the role of comedy in general and *Charley's Aunt* will take place after the play. Jim Warren and the cast will be there to field questions.

you have held out wanting to know what I will recommend for the ultimate cheap TNC date. Well it will have to go to none other than the home of the "stomach bombs," Krystals. The rule of this date is have a lot of time to spend waiting in line and get ready to be sick the next day. Regular burgers are .33; with cheese on them the price jumps to a whopping .45. And don't forget a hot bowl of that delicious chili for only .85.

There are a lot of avenues we have missed here but you cannot cover everything. The 7-11 microwave date will get you a sandwich for under 5.00. And watch for the specials on slurpees and

Continued on p. 4

As I See It

Welcome to the first addition of "as I see it." This column will do nothing more than try to shed some light on items and let you know that you can express your thoughts and attitudes. The number one item on the lips of every TNC student seems to be the completion of the Jernigan Student Life Center. 2.2 million seems to be the going price for the building these days, and not to put the building down too much I really think we should have spent a little more and maybe even waited another year before building the center.

One of my childhood dreams were shot down by the building of this building, or maybe I should add to that—watching this building by and by being put up. I had always lived under the impression that columns on buildings were solid concrete. These are nothing more than a combination of styrofoam, concrete, and sealer thrown around a steel beam. Go up and tap on one and listen to the hollow ground. I'm glad this idea was not thought up when the Parthenon was built in ancient Greece. Rain drains around the top of the building would be a nice touch don't you think? I remember running to the bookstore on registration day and having to run through about a two inch puddle that had formed running right off the building.

Tables in the cafeteria will also be of some surprise to you, or maybe not by now. Round tables were ordered and they will only seat 4 to a table. Hey, even I have more than 3 friends, and this new dining room is going to seat 500? Well I didn't fail math and even I can figure up that the room will have to hold 125 tables. And the open level with the walk way seems to do nothing more than invite the idea of food fights, or maybe it will be a new toss and run game.

I already have my place to sit in mind, my back against a window in the center of the room, back far enough to miss the brussel sprouts and water balloons.

I know like most of you that we needed something, now. I hate standing in line just as much as any of you, maybe more, but maybe a little more time and planning would have been nice. I see a lot of wasted space and I'm not even an architect. The Presidential dining room looks real nice, but I have one question—why did the administration not move the clinic into the new building? The SGA conference room may be a much needed thing to SGA meetings, but a clinic that is centrally located and more spacious would be nice for the entire student body. I know that idea will not win me much support with this year's SGA, but this is how I see it.

Don't get me wrong. I am not against the building. I think it will be a much needed asset to the campus when we finally get into the building entirely, just some things I have doubts about. The columns and no drains makes me wonder what else may be covered up behind wallpaper and steel. I really hope we get our snack shop back soon. I don't want to see a bald headed Steve Marinakis walking around campus and, from the way things have been going lately, he and Pop seem to be holding their own (barely) in the make shift snack area in the gym.

This year has only just begun, and I know that plenty of good things will be waiting up ahead for us all. Fall Revival starts next week and our first VIP days are here already. We have new RCs and even a new Dean of Student's. TNC seems to be ready for anything, and the delayed opening of the Student Center will probably be forgotten soon, official dedication is set for October 16th according to my calendar.

Like I said in my opening statements, this column is to express opinion, and to bring some things to light "as I see it." So until next time, tap a column with a loved one.

Woody

Restaurants

revisited

By Woody Mitchell
Staff Writer

After our last issue of *Trev-Echoes*, we noticed that our article on the finer places to dine was very popular. Although such places as Mark's 325 Union and The Hunt room were left off, we know many of you admired our recommendations. So in the fine tradition we now present the typical Trevecca date, or in other words a date of less than your entire first check.

A lot of research has gone into this and I know that this will be one article you will want to cut out and hang near your desk for future reference. A common first choice for that ever exciting first date would have to be McDonalds. A health menu consists of everything the eater could desire, everything from McNuggets to Big Macs. Big Macs on an average run about 1.30, large fries are a must at .65 and top off the meal with a ice cold Coke, only .60. Yummy yummv.

Burger King and Wendy's are the choice for you late nighters with their ever popular drive throughs. A Whopper at our local Burger King is only a measly 1.52, .20 more for cheese. Wendy's lets you know "Where's the Beef," by offering the single with cheese everything on it for only 1.66. Don't forget that Frosty now, it is a must for only .74.

Now I know some of you have eaten so many hamburgers lately that you are ashamed to look a cow in the face, so for you we move on to some of the finer cheap spots in town. Pizza is always a welcome treat and a Mr. Gatti's down on Murfreesboro Rd. offers a pizza buffet Monday and Tuesday nights from 6:00 p.m. to 8:00,

costing about 4.00 per person.

For those of you that luck up and happen to get a date on the weekend, don't fret, Ghatti's offers a large deep pan pizza with everything for only 13.95. Bring the scraps back to campus and sell them for some change if you need money for gas.

Don't forget how romantic a date can be if you grab up a picnic basket and go to the park. Domino's will deliver the food to fill that basket right to your dorm and a small 4 ingredient pizza will only cost you 9.80. And if they are over 30 minutes late you get the little pizza free (but don't tell your date that). Try to be a little considerate, don't time it to the second. You wouldn't want your RA to fine you for coming in at 11:00 and 22 seconds. Show a Christian attitude and give the deliverer a couple of minutes. I hate to see some of you guys out on the Benson breezeway licking your lips because the pizza is 1 minute late.

Now for those of you that really desire to make an impression on your date, Shoney's offers a healthy atmosphere and fine dining. Average cost is about 4.75 per meal. Tipping is required and I don't mean the old "stay-out-of-dark-alleys" line either. The Big Boy may be gone but the breakfast buffet on Friday and Saturday late nights can come in handy.

PoFolks and Irelands offer a little more expensive dining experience, but you can get out of there without washing dishes if you have 15.00 on you. And change will be a welcome sight at the end of the evening.

OK already, I know some of

The Tin Can Band?

By Becki Loar
Staff Writer

Have you noticed a strange little man with a rather half-anxious, half-desperate look in his eyes hovering over your shoulder as you "savor the flavor" or, as in most cases, "guzzle" your favorite soft drink? Have no fear, he means you no harm, but he and his band members do mean to have those cans.

Heaven forbid your thoughts of throwing that can in the nearest trash can. Think what you would be submitting Steve Farnsley, ded-

icated director of our band program here at Trevecca, to.

I, the Can Lady, am his faithful sidekick in this our fund raising endeavor, I earned this coveted title last year as I rummaged high and low for anything that resembled an aluminum can. The title has come to be a term of endearment.

Students! Faculty! Administration! Listen Close! Cans are the

bands only real source of fund raising. Not many people believe that this is true and with the cost of music and musical equipment ever sky-rocketing it is amazing that we as a band program, a vital pro-

gram, must resort to this source of income but we accept the challenge.

Aide us in our fight for cans. Sure, put litter in its place, but put cans in our boxes. The Can Lady thanks you.

features

DONELSON CHURCH OF THE NAZARENE...



WELCOMES 1984-85 TNC STUDENTS!

Come be a part of our active college-age class, taught by Trevecca graduate Mike Brown.

Sunday School: 9:30 a.m. Evening Worship: 6:00 p.m.
Morning Worship: 10:45 a.m. Wednesday Service: 7:00 p.m.

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Faculty Comments

with Craig Keen
Professor of Philosophy

There is a serious, apparently communicable, and officially unnamed social disease that has reached epidemic proportions in America. It has, as do most communicable social diseases, invaded college campuses, including this one, here on Hart and Lester in Middle Tennessee. It seems to me that it is important to alert students early on in the school year to the dangers of this disease, that preventative measures might be taken.

Among its many effects are the following: a dulling of awareness, myopia, a narrowing of peripheral vision, the loss of the ability to perceive order and symmetry and beauty, the loss of knowledge of all but the most recent past, a retardation of the perception of logical consistency, the development of blockages to the fluid expression of ideas, a loss of the ability to think clearly and independently, the rigidification of opinions, a dulling of the discernment of the difference between opinions and knowledge, a heightened hostility towards novelty (new ideas, new ways of

looking at the world, new terminology), and an exaggeration of concern for a specific future profession (usually one which someone has described as "high-paying").

This horrible disease, which can strike anyone, is out there. It appears that the main line of defense against it is to remain alert; to never rest with easy answers; to not sell one's life for a few dollars; to not be conned by those who see the human self as something that is here only "to get the job done;" to spend time thinking deeply, to contemplate the meaning of life and the call of God; to ask "why?" and to wait patiently for God, not the paymaster, to provide the answer. It has been found that those who do not listen for the call to responsible thinking—to those who seek *distraction* in social events or jobs or even so-called "religious activities," those who are unwilling to suffer the anxiety and pain of thinking through the most important questions about the meaning of life—it has been

found that these people are the ones who are not only most likely to catch this disease, but they also are most likely to be carriers, to pass it on to their friends, to their lovers, to their children, and sometimes—may God forgive us—to their students.

Woody Continued

super big gulps. If after your dining you are broke (like most of us that eat in the cafeteria), join the rest of the school down at night court and have fun. It is sometimes livelier than TV and always has TNC students that you can share your dining experience with. And who knows, when one of your friends might have to go before the judge and need some of that spare change for bail.

This list of some of the typical Trevecca eating establishments should be of great help to those of you planning those late twirp dates or maybe your first date of the quarter. Have fun eating, and one important piece of advice, don't forget the Alka-Seltzer.



GUESS WHO HIRED MORE PEOPLE RIGHT OUT OF COLLEGE LAST YEAR THAN ANYONE ELSE.

Hiring college grads is something the Army has always done. And lately, we've been doing a lot more of it.

In fact, last year alone nearly 7,000 college grads chose to begin their future as Army officers.

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ROTC is a college program that trains you to become an Army officer. By helping you develop your leadership and management ability.

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So the next time you're thinking about job possibilities, think about the one more recent college graduates chose last year than any other.

For more information, contact the Professor of Military Science on your campus.

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Darcee Complex
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BE ALL YOU CAN BE.

entertainment

PEANUTS® by Charles M. Schulz

We welcome to the TNC family the Peanuts comic strip. Peanuts is one of the most popular comic strips in the world. It has been around for many years and it is published in newspapers worldwide.

Charles M. Schultz is the creator and mastermind behind Peanuts. Mr. Schultz has written many books about Peanuts. You probably have seen one of the numerous Peanuts specials on TV as a child or as a student. To most of us Peanuts is simply referred to as "Charlie Brown." So here it is — Peanuts!



with
Dink Nolen

Editor's note: All characters in the column are fictional and in no way resemble reality.

Question:

How come if we can't go see movies, then why do they show them on campus?

Confused Freshman

Dear Confused,

Jeb Smith: Well, I can't rightly say off hand. But all I know is they need to show more recent movies like "Wagon Train," a John Wayne movie, or "The Great Potatoe Story."

Ryp Tyde: If Jeb gets "The Potatoe Story" I want to see "Beach Blanket Bingo."

Miss Sara Coleman: No guys! Something romantic like "From Here to Eternity," "Against All Odds," or (be still my heart) something with Tom Selleck in it.

Dion Dion: Let's get back to the question. Earl Hunt is an expert at answering questions like this one. Earl, give your ideas on this subject.

Earl Hunt: Yes, first to answer

this question we must first analyze the question itself. It is stated in this question, "... we can't go see movies..." Well, excuse me for being rude but, yes we can. But you must remember that we get in big trouble for that. Item number two, it is stated "... they show them on campus. "Who is they?" Thirdly, and finally, please define "... show them on campus."

Thank you.

"OFF THE TOP" is an advise column for *Trev-Echoes*. It consists of a panel of experts in five different areas. The panel is: Jeb E. Smith, an Agricultural major from Jasper, Alabama; Dion Dion, a Deisgn and Fashion consultant from New York, New York; Miss Sara Coleman, pursuing a M.R.S. degree. She resides here in Nashville (and can be reached at 555-7734); Ryp Tyde is a P.E. and surfing major from Jacksonville, Florida; Earl Taylor Hunt is a Political Science majour from Raleigh, North Carolina.

If you have a question for "OFF THE TOP" send it to: *Trev-Echoes* "OFF THE TOP," Box 1646. Limit questions to 40 words or less and our panel of experts will try to answer it or give it a shot anyway.



MARK'S DOWNTOWN DINING

For Downtown Dining in an atmosphere of casual sophistication, the place is Mark's. Menu features are favorite European dishes combined with Mark's own creations and great steaks. All just a short step from the major downtown hotels.

Lunch served daily 11 a.m.-2 p.m.
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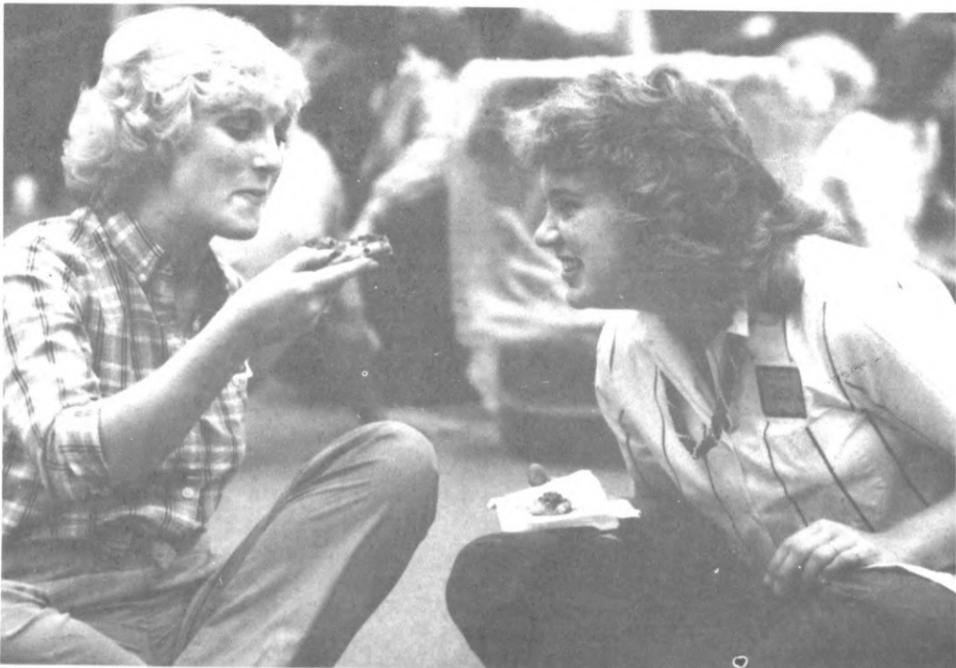
Union

Hyatt Regency

Hermitage Hotel

Mark's 325 Union

Printers Alley



Beth Helmer (l) and Patty Jo Gainer enjoy refreshments and fellowship at the new student mixer. Photos by Scott Wiseman

sports

Cheerleaders hold tryouts

By Rick Quinn
Staff Writer

As many of TNC's athletic teams gear up for the coming season, so must the cheerleaders. As an integral part of any athletic program, they must also prepare for the season. Cheerleading practice began Friday, September 7 here at Trevecca. They practiced three times a week on Monday, Wednesday, and Friday in preparation for the tryouts which were held on Friday, September 14. After tryouts, the cheerleaders were chosen by a voting assembly consisting of

former cheerleaders, the student body, and Mrs. Carolyn Smith, sponsor and coach of the squad. Each unit of this assembly shared one-third of the influence as to whom was picked.

Mrs. Smith revealed that the squad will consist of no more than twelve cheerleaders—eight girls and four guys. However, she said that this number could fluctuate according to the level of ability of those trying out. According to Mrs. Smith this year's squad was picked on the basis of how well

they could execute the moves and jumps and on their spirit, enthusiasm, and interaction with the crowd. "The hardest problem we face is training the guys since most of them have had no previous

experience," Mrs. Smith said. Hopefully, all involved will be able to meet and overcome all difficulties and produce one of the finest cheerleading squads TNC has seen.

The names of those chosen were not available at press time and will be announced at a later date.

Benefit All-Star Jog planned

By Richardson Cooley
Staff Writer

The Trevecca All-STAR Jog will be held on September 22, 1984 (in case of rain Sept. 29).

The purpose of this event will be to raise money to purchase a bus for use by the athletic teams. Each jogger will be running one quarter mile laps and will be limited to a

one hour time period.

The joggers are seeking sponsors who will give a minimum of 25¢ for each one quarter mile that they run. This money is a tax deductible donation. All money should be sent to: Don Schroppe, 5524 Cherrywood Drive, Brentwood, TN 37027.

All participants will receive a Trojan Sticker, a T-shirt will be awarded to the individuals raising \$50.00, a hat to the individuals raising \$100.00, a windbreaker to the individuals raising \$150.00, and all three items will be awarded to individuals raising \$200.00.

SUPER POLL #1

Excitement has been building on campus recently as the NFL kicks-off another season. Many of our numbers have been making weekly predictions on the outcome of each game. Well, we want you to look a little further ahead

and vote for the team you think will win each division by putting a check-mark beside the team's name. Then fill in the name of the team you pick to win the conference championship in each conference. Lastly, tell us who will

win it all! You can also tell us who your favorite team is. Fill out your poll sheets and put them in box 122 or give them to Stephen Perry before September 24th. The final tally will be in the October 1st issue of *Trev-Echoes*.

- EAST**
- ___ Miami Dolphins
 - ___ Buffalo Bills
 - ___ New England Patriots
 - ___ Indianapolis Colts
 - ___ New York Jets

- AFC CENTRAL**
- ___ Houston Oilers
 - ___ Pittsburgh Steelers
 - ___ Cincinnati Bengals
 - ___ Cleveland Browns

- WEST**
- ___ San Diego Chargers
 - ___ Seattle Seahawks
 - ___ Los Angeles Raiders
 - ___ Denver Broncos
 - ___ Kansas City Chiefs

AFC Champion _____

- EAST**
- ___ New York Giants
 - ___ Saint Louis Cardinals
 - ___ Philadelphia Eagles
 - ___ Washington Redskins
 - ___ Dallas Cowboys

- NFC CENTRAL**
- ___ Tampa Bay Buccaneers
 - ___ Minnesota Vikings
 - ___ Chicago Bears
 - ___ Green Bay Packers
 - ___ Detroit Lions

- WEST**
- ___ Atlanta Falcons
 - ___ Los Angeles Rams
 - ___ New Orleans Saints
 - ___ San Francisco 49ers

NFC Champion _____

SUPER BOWL XVIII _____

Favorite team _____

MY SERVE

By Stephen Perry
Staff Writer

Senioritis, final exams, midterms, or maybe just daily studying—all of these are possible causes of the "fried-mind syndrome." At one time or another every college student gets this welcome "disease." However, some college students carry it with them all the time.

This "disease" has many symptoms, not the least of which is lower than usual marks on exams and report cards. Other symptoms which often occur in the preliminary stages of the "disease" include: the patient complaining of "I don't feel like doing anything," or "There is no way I can do all this work," or even "I give up" I just can't understand this." If caught in the preliminary stages, this "disease" can be corrected before grades begin to drop. Therefore, people have researched ways to at least control, if not cure, this disease.

Many students try extra sleep as a remedy. Others try a relaxing game or some TV. Still others get together with friends to eat and talk. While these may work for a short while, they still don't pep up the "fried mind."

There is a better remedy which people often overlook. Instead of working their mind, these diseased people should work their muscles. That's right, muscles! (I have to repeat myself because people with this disease often try to ignore words like muscles, sports, and exercise.) A good invigorating jog or a nice long swim in the ever undercrowded college pool will do wonders for getting the mind working again. Our Creator seems to have made us so that our minds work better on a fresh recycling of oxygen and hemoglobin.

This remedy for the beloved "fried-mind syndrome" is great except for one thing. People lack motivation to continually exercise. At the beginning of a jog the going is laborious as you try to convert from a sedentary situation to one of working out. Many people give up at the beginning without giving their body time to adjust to being active. Once the body adjusts, the exercise becomes fun and invigorating. This good feeling, when experienced, can become a motivation for exercising.

A better motivation for getting that cardio-vascular system going can be found in joining a team and competing. Intramural sports here at Trevecca give an excellent opportunity for some group competition with anyone, athletic or not, being able to have a lot of fun. If some are uninterested in intramurals there are racketball courts, tennis courts, a swimming pool, basketball hoops, and a weight room where they can do their own thing with their own friends.

It doesn't really matter which kind of exercising a person does. The important thing is that he exercises often and regularly in order to help curb the "fried-mind syndrome" along with various other ailments. Habits of physical fitness formed now can last a lifetime. Stronger hearts and lungs, better circulation, fewer headaches and backaches, and longer life are only a few of the benefits which will be realized in later years for those who stay in shape. Being healthy helps a person stay happy, look nice, and live life to the fullest.

Well, I've served the ball. Take it and hit a winner!

T.I. Action

By Darryl Caldwell
Contributing Writer

Hey! Are you going to play Intramurals with T.I.A.? Trevecca Intramurals Association wants you.

We are looking for a few good men and women who have seven or more hours and want to play football. Coed flag football for both men and women, and tackle for men. Yes, tackle football. Freshmen, here is your chance to pay back some upperclassmen for kidding you about being the new kid in town. Come one, come all, run back a punt, sack the quarterback, tackle your suite-mate, or block for someone you love.

Moreover, ladies improve your figure while having fun. Studying is important because it strengthens the mind. T.I.A. is important because it strengthens the body. Also, help your society win and earn points toward becoming the "Society of the Year." Last year it was *Beta* . . . this year who knows. Our purpose is to serve you by providing activities which tend to promote health, physical welfare, and desirable social, spiritual, and intellectual abilities.

So, remember, support T.I.A., come out and play, improve your mental and physical self. It is up to you to go right instead of being left, left out of the fellowship that you will see displayed when the whistle blows and games have been played. So stop thinking and do not delay, join your society and make this year the best T.I.A.